

UNSEEN WORLDS: Exploring the phenomena and mechanisms of unconscious communication in close relationships

While it is conventionally referred to as “the unconscious”, I find it more useful to think of unconsciousness as a process of unawareness of certain emotional experiences rather than as having a topographical location.

Unconscious communication - at the core of psychoanalytic work - can be understood as a universal process at the heart of all intimate or close human relationships: parent/baby, in couples, and in groups.

In this seminar, I will investigate some ideas about the mechanisms of unconscious communication; how we might demystify it; how it emerges in awareness between people, and how we make use of it in our work as psychotherapists.



DR. ALLAN SHAFER

Dr Allan Shafer, Clinical Psychologist, is a psychoanalytic psychotherapist and socioanalytic organisation consultant in private practice in Melbourne with 45 years experience.

He is a clinical member of the Victorian Association of Psychoanalytic Psychotherapists, Australia, and a past Executive member of the Psychoanalytic Psychotherapy Association of Australasia. He is also a past President of Group Relations Australia and of the Association for Psychoanalytic Psychotherapy of Western Australia.

He has directed or consulted on the staff of group relations conferences in Australia, the UK, India, China, Israel, Poland, Hong Kong and Taiwan and was appointed Honorary Consultant to Group Relations Taiwan. He was associate director of the Tavistock Institute's 2019 “Leicester Conference”.

He has published widely in both the psychotherapy and socioanalytic fields and given seminars and workshops in New Zealand, Singapore, Taiwan and around Australia.

**THURSDAY,
16 MARCH
6-8 SGT**

**STANDARD: \$64.8
STUDENT: \$32.4**

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