

UNDERSTANDING EATING DISORDERS THROUGH A PSYCHODYNAMIC LENS

It is deeply regrettable that the treatment of Eating Disorders has, in Western Australia and elsewhere, become such a contested and tricky arena. There is a lot of modern dogma about how these complex conditions ought to be treated, with the fashion at the moment being that these conditions are often best treated with FBT or CBT_e. There is a lot of associated chatter that suggests that these are the evidence-based interventions for these conditions and that not to use them is somehow 'wrong'. The workshop that is being offered is a 2.5-hour meeting space where more complex and sophisticated ideas about the management of these conditions will be thought about and unpacked.

Specifically, the workshop will attend to at least the following: Formulating these complex conditions in deep and thoughtful ways; considering the role of attachment in eating disorder aetiology and treatment; considering the role of trauma in eating disorders; considering the role of co-morbid conditions in the formulation and management of eating disorders which necessarily means that treatment cannot be seductively simple; exploring psychodynamic approaches to treatment of these conditions; and exploring transference, counter-transference and projective identification as compelling management tools in treatment for patients, clinicians and treatment teams.

If you want the new dogma about the simple management of eating disorders, this workshop is not for you. If you are interested in a space for examining the parameters of the complex struggles we face as clinicians when trying to help these patient groups, this workshop may be of interest.



DR. MARC JOFFE

Currently, a Clinical Psychologist with more than 30 years of experience in independent private practice in West Perth.

Previously, Dr. Marc Joffe has consequential experience in the teaching, training and clinical supervision of trainee clinical psychologists. Over time, he has held roles in both the public and private sectors; has done considerable consultant work in the industry; and has worked at a number of universities, primarily executing clinical training and teaching functions. He was a visiting supervisor at Perth Children's Hospital Eating Disorders Unit, CAMHS.

25 AUGUST 2022
6-830PM SGT



**For registration
& more info**

Fees
Standard: \$60
Student: \$30